

**DEMOGRAPHICS**

Client's First and Last Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Mailing Address \_\_\_\_\_ Race \_\_\_\_\_ Tribe \_\_\_\_\_

County \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

**INCOME INFORMATION**

Do you receive any of the following: FOOD STAMPS \$ \_\_\_\_\_ AFDC/TANF \$ \_\_\_\_\_  
 SOONER CARE/MEDICAID \_\_\_\_\_ COMMODITIES \_\_\_\_\_

MONTHLY INCOME \$ \_\_\_\_\_ **OR** HOURLY RATE \$ \_\_\_\_\_ @ HOURS WEEK \_\_\_\_\_

Number of family members in *your* household? \_\_\_\_\_

**MISCELLANEOUS**

Does anyone smoke in the house? ( ) Yes ( ) No

How did you hear about WIC? \_\_\_\_\_

Do you have any medical conditions? \_\_\_\_\_

**Insurance Type:** ( ) Employer Insurance ( ) HMO ( ) None ( ) Other ( ) Private ( ) Self Insured ( ) Sooner Care/Medicaid

**Medical Home:** ( ) HMO ( ) E.R. ( ) IHS Clinic ( ) Health Dept. ( ) Medicaid Provider ( ) Other ( ) Private Physician ( ) Public Health Clinic

**Marital Status:** ( ) Married ( ) Single **Highest Education Level:** \_\_\_\_\_ **Years of College:** \_\_\_\_\_

**HEALTH INFORMATION**

Are you expecting multiples? ( ) Yes ( ) No When is your due date? \_\_\_\_\_

Are you planning on a C-Section? ( ) Yes ( ) No Pre-pregnancy Weight? \_\_\_\_\_

Have you received prenatal care? ( ) Yes ( ) No Date prenatal care began? \_\_\_\_\_

Number of previous pregnancies? \_\_\_\_\_ Number of live births? \_\_\_\_\_ Number of WIC pregnancies? \_\_\_\_\_

Number of pregnancies that lasted 20 or more weeks? \_\_\_\_\_ Date last pregnancy ended? \_\_\_\_\_

Number of multi-vitamins a day before pregnancy? \_\_\_\_\_ Number of multi-vitamins a day currently? \_\_\_\_\_

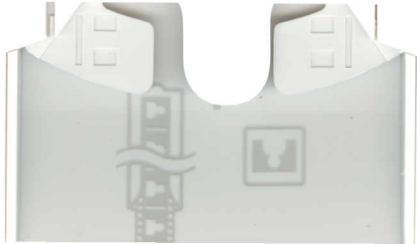
Number of cigarettes smoked each day before pregnancy? \_\_\_\_\_ Number of cigarettes a day currently? \_\_\_\_\_

Number of alcoholic beverages each day before pregnancy? \_\_\_\_\_ Number of alcoholic beverages currently? \_\_\_\_\_

Have any previous pregnancies resulted in a: low birth weight \_\_\_\_\_ premature birth \_\_\_\_\_ miscarriage \_\_\_\_\_

**Client Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_

**"To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Ave, S.W., Washington, D.C. 20250-9410 or call (800)795-3272 (voice) (2000)720-6382(TTY). USDA is an equal opportunity provider and employer.**



**PREGNANT-VENA**

What type of vitamin, mineral, herbal supplements or teas are you taking? \_\_\_\_\_

What past medical issues or procedures could affect your current eating habits? ( Examples could include anorexia, bulimia, or bariatric surgery) \_\_\_\_\_

How do you feel about your current eating habits and intake of vitamins, minerals, calories, and protein? \_\_\_\_\_

Are you taking folic acid supplements?            YES    or    NO

What foods or food groups have you eliminated from your diet, or what special diet are you following due to personal preference or religious reasons? \_\_\_\_\_

What items do you eat that are not traditionally considered food? (Examples include: ashes, baking soda, burnt matches, carpet fibers, chalk, cigarettes, clay, dust, large quantities of ice and or freezer frost, paint chips, soil, laundry starch, or cornstarch.) \_\_\_\_\_

What are mealtimes like in your home? \_\_\_\_\_

How do you stay physically active? \_\_\_\_\_

If you are short of money and need to buy food, what do you do? \_\_\_\_\_

Tell me about a time you felt unsafe or threatened. \_\_\_\_\_

How often do you eat/drink raw fish or shellfish, (including oysters, clams and muscles and scallops), refrigerated smoked seafood, raw or undercooked meat or poultry, uncooked hot dogs, luncheon meats (cold cuts), fermented or dry sausage, deli-style meat or poultry products, refrigerated pate or meat spreads, unpasteurized milk or foods containing unpasteurized milk, soft cheese such as feta, brie, or camembert, raw or undercooked eggs or foods containing raw eggs, raw sprouts (alfalfa, clover, or radish), unpasteurized fruit or vegetable juices? \_\_\_\_\_

Should WIC nutrition education be offered online?            YES    or    NO

