

**OSAGE NATION HEAD START
HOMINY/MCCORD
FOUR WEEK CYCLE SNACK MENU
2011-2012**

***MENU SUBJECT TO CHANGE

** Adults are served the same portion sizes as 3-5 year olds

Banana & Milk	Cottage Cheese, Pineapples & Water	Apricots & Milk	Kiwi Slices & Milk	Pretzel Sticks, Cheese Cubes, & Grape Juice
Apple Slices, Club Cracker & Water	Cantaloupe Cubes & Milk	Oranges & Milk	Cereal, Strawberries & Milk	Bagel, Cream Cheese, Red Grapes & Milk
Pears, & Milk	Cheese Slice, Wheat Crackers, & Water	Grapes & Milk	Yogurt, Strawberries & Water	Wheat Thins, Applesauce & Milk
Grape Juice, Cheese Slices, & Milk	Tortilla Roll-Ups, Tortilla, Ham, Cheese, Lettuce & Milk	Raisin Bread, Applesauce & Water	Graham Crackers & Milk	Peanut Butter, Celery, Raisins & Milk